

## CHALLENGES OF WOMEN HEALTHCARE PROVIDERS DURING COVID-19 PANDEMIC IN AIZAWL CITY, MIZORAM, INDIA: A REVIEW

**Author's Name:** Monika Devi

**Affiliation:** M.Sc. Nurse, Government Medical College and Hospital Jammu J&K, India

**E-Mail:** [monikasyal98@gmail.com](mailto:monikasyal98@gmail.com)

**DOI No. – 08.2020-25662434**

### *Abstract*

A woman conducted a study on challenges of women health care providers during covid-19 pandemic in Aizawl city Mizoram India in 2021.

**Keywords:** Women, Healthcare, pandemic

**Lalrinzuala, H. Elizabeth** conducted a study on challenges of women health care providers during covid-19 pandemic in Aizawl city Mizoram India in 2021. They take 100 health care workers women in private and public hospital of Aizawl. The data was collected by using structured interview schedule and the secondary data was collected through article .purposive sampling technique was used and data analyzed via MS Excel and SPSS. Results showed that the majority (63%) of the women faced difficulty in balancing work and family life, 56% women faced work overtime , 56% women faced loss of interest at working place , 55% women faced gastrointestinal problem, 50% women faced fear of exposure, 39% women faced changes with lifestyle, 30% faced irregular supply of PPE. Conclusion women health care suggested continuing working with good supportive equipment's is necessary so as to execute their duties efficiently. The study concludes that effective measures must be taken to ensure safety at workplace.

### MY VIEWS

- All government and private organizations should take some necessary actions for the staff security and try to maintain good working environment which they feel good while working.
- Organizations should provide better supply to the employees for smooth functioning of the organizations
- Should take some such activities for the employees that maintain the interest of employees like extra incentives, appreciations letters, etc.
- Timely motivate the employees to encourage their will power for work.

I think these points should be added. Overall it's a good study and have showing the reality of health care working women which they face actual its appreciable.