

IS NURSING THEORY AND NURSING PRACTICE CONNECTED?

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Abstract

Nursing is not only theoretical aspect; it is based on clinical practice with significance. When we discuss about scope of nursing it is widely spread with education, research, management and practice domains. As advancement in nursing profession different innovative changes are taking place but all theorists gave a concept for correlation of nursing theory with practice. When a nurse look after a patient she is responsible to apply the scientific knowledge in her practice. The whole world is passing to a black period of COVID 19 now days but nurses with doctors and other health personnel are behaving like corona warriors successfully and its all is possible with continuing education, building knowledge and giving opportunities to implement in real situation.

Keywords: Covid-19, Nursing Theories, Nursing Practice, Nurses

INTRODUCTION

Nursing Theory is developed by different concepts which are concrete and may be presented by a model or theoretical framework. Theory is a set of different concepts inter related to each other and draw a conclusion which is a base of thinking of theorist.

Nursing practice is the skill and art of a registered nurse which has a certificate or degree to work legally for the care of clients in clinical as well as community area. Nursing practice has an ethical dimension to work morally and to conduct in acceptable manner for human and social welfare.

Nursing is a noble profession which has practice and service oriented field or criteria where theoretical knowledge is gained skillfully during training period as well as life time and it is implemented into routine practice when a nurse is serving to mankind.

Now changing ideas and learning attitudes among young people sometimes makes it really an effortful task to bring into practice the same scientific knowledge by the nurses after they finish their training. Many times it has been observed the clinical skill in bedside is not up to the expected level. In such obligatory situations it becomes our prime responsibility to focus on bridging the gap between knowledge and practice.

Possibly updating of new knowledge is also very necessary to fill this gap. Competent, dedicated and skillful professionals are always ready for change. This change is new knowledge, evidence based practices, new technological advances all these factors sometimes create a chance to upgrade our theory knowledge at all levels of our services and to give away the best of our care to the patients at bedside.

As our bedside nurses need to fill the gap with new and advanced knowledge the same is with the new nurses coming up need to take all challenges in the professional field like having paraprofessionals streams those are the branches tails out to be a separate certified profession.

IMPLICATION OF NURSING THEORIES

We as nurses need to get our identity clear giving the best of challenges served at our best.

This era of innovations and novice need balanced professionals having theory knowledge in hands with quality practice. Evidently when a professional has both theory and practical skill well balanced can prove to be an asset to the health system. Health system needs to keep this balance to make it effective.

- Challenge is keeping theory running through practice. We find it is hard to see sometimes whatever is taught in theory is not practiced at bedside which is a task for the education sector for nurses. To build such a manner it is our own responsibility to rather make sure to provide an appropriate theory base and practice too as strong as to provide a competent foundation for our future nurses.
- On the other hand the nurses already in practice need to update themselves with the increasing competition around and beat it by acquiring all new knowledge coming periodically to practice it with complete knowledge and competency.

Both ways the responsibility is ours to keep up the passion inside and work towards it with complete dedication and pursue every next level at its best to prove our unfailing, selfless services to mankind and the needy. Every day with new hope is the key to success that all of us have to believe and take all possible steps to keep thriving for new knowledge which is around.

Bridging theory and practice is the current need of time and many of our nurses are proving it by their selfless work in times of crisis like the current one.

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