

## A STUDY TO ASSESS KNOWLEDGE AND ATTITUDE REGARDING AFTERSCHOOL ACTIVITY FOR ENHANCING THEIR CHILDREN'S POTENTIAL AMONG PARENTS OF SELECTED AREA OF MEHSANA CITY WITH A VIEW TO DEVELOP SELF INSTRUCTIONAL MODULE

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### Abstract

Every brain is a little bit different, and life experiences add the biological foundation for specific attributes, weaknesses and affinities. Children need time and space to explore and exposed to different areas of interest in more minimal ways, so that they're able to discover what they're truly passionate about. Giving them the opportunity to pursue these passions, as they discover them, will help them to determine and develop their talents. A quantitative approach using Survey research design. 300 selected parents of primary school going children using Non-Probability Convenient sampling technique in Mehsana city. Self- Structured Knowledge Questionnaire and attitude rating scale (likert scale). The data obtained were analyzed and interpreted in the light of objective using descriptive and inferential statistics. 26.33% of sample had poor knowledge score (0-6), 60.33% of them had average knowledge score (7- 13) and 13.33% of them had good knowledge score (14-20) regarding Afterschool activity . 22% of parents have negative attitude while 78% have positive attitude towards Afterschool activity. The correlation coefficient was done to assess relation between knowledge and attitude. The findings of study indicate that there was moderate relation between knowledge and attitude regarding afterschool activity.

**Keywords:** Assess, Knowledge, Attitude, Afterschool activity, Enhancement, Children's potential, Self Instructional Module

### BACKGROUND OF THE STUDY

*"Parents are the ultimate role models for children. Every word, every movement, and action affects. No other person or outside force has a greater influence on a child than a parent."*

– Bob Keeshan

In this age of helicopter parenting, many parents are intent on helping their child to become outstanding at something. In pursuit of this outcome , parents tend to sign kids for many activities , particularly those activities they think are going to be important and valuable and that they imagine their kids will love .The reality , however , is that what resonates for a parent may or may not interested the child. In addition, there are only so many hours in a day. Children who are overscheduled tend to feel highly stressed and have no mental energy left for exploration, curiosity and creative thinking, the very building blocks for developing a true talent. Studies have found that while a great deal of practice can make you good at something, it is the deep passion behind what you practice that allows the brain to be bathed in dopamine,

the neurotransmitter of reward, which enhances the neural connections further and makes for exceptional talent. 90% of a child's permanent foundation for brain development occurs in the early years according to Rauch Foundation. An overuse of gadgets can only stunt this growth and cause a negative impact on the child's overall development. If your child is spending more time swiping and scrolling, instead of interaction with the real world, you need to act before it's too late.

### PROBLEM STATEMENT

"A study to assess knowledge and attitude regarding afterschool activity for enhancing their children's potential among parents of selected area of mehsana city with a view to develop self-instructional module"

### OBJECTIVE

1. To assess the knowledge regarding afterschool activity for enhancing their children's potential among parents.
2. To assess the attitude regarding afterschool activity for enhancing their children's potential among parents.
3. To correlate the knowledge & attitude regarding afterschool activity for enhancing their children's potential among parents.
4. To find out the association between knowledge & attitude with their selected demographic variables.

### ASSUMPTION

- Parents may have some knowledge regarding afterschool activity for enhancing their children's potential.
- Parents may have negative attitude towards afterschool activity for enhancing their children's potential.
- After school activities help in overall development of children and build a successful future.
- Parent's support in afterschool activities improves the self confidence in the children.

### METHODOLOGY

A quantitative research approach was adopted for this study. The research design selected was survey research design. The study was conducted in Mehsana city of Gujarat. 300 parents of primary school going children were selected by non-probability convenient sampling technique. Data collection was done after obtaining permission from authority. Self-structured questionnaire and like rt attitude rating scale were used to collect data regarding afterschool activity; prepared tool was validated by different experts.

### RESULT

As regard to Age, out of 300 subjects majority of sample belongs to 26-30 years of age and least was in age group of above 40 year of age. As regard to parents, out of 300 subjects 51.3% of the sample are both and 48.7 % of the population are Mothers so that majority of sample belongs to female categories rest of them were in male categories. As regard to religion, out of 300 subjects 45.7% of the sample are belongs to Muslim religion, 47.3 % of the sample are belongs to Hindu religion and 7.0 % are in Christian religion. So that majority of sample belongs to joint family. As regard to education, out of 300 subjects, 26.0% of them had graduation, 25.3% of They had

higher secondary, 1.7% of them were others type of education, 16.7% of them had primary education and majority (30.3%) of them had secondary education .As regard to occupation, out of 300 subjects, (40.0%) of them were Unemployed, 9.3% of them Govt. employee, 15.7% of them were private employee and 31.3% of them were Self- employed and 3.7% is retired. As regard to family income ,out of 300 subjects, 34.7% of them had income more than 15000 Rs. 23.7% of them had income below 5000 Rs, 17.7% of them had income in between 10001-15000 Rs. and 24.0% of them had income in between 5001-10000 Rs. As regard to gender, out of 300 subjects, 48.0% of sample had male child and 52% sample is female child. As regard to after school activities, out of 300 subjects, dance and sports (16.3%) and (4.3%) belongs to gymnastic, marital arts whereas (7.7 %) and whereas Music (10.7%) and (9.05%) belong to others category. 87 The mean test Knowledge score of samples Regarding After school activities was 9.5. The mean test Attitude score of samples regarding after school activities was 46.48. The range of unfavorable score in attitude was 12-41 and favorable score was 42- 60.

**Frequency and percentage distribution of Knowledge of the after school activity for enhancing children’s potential among parents.**

N=300

Knowledge Level	Classification	Frequency	Percentage(%)
Poor	0-6	79	26.33%
Average	7-13	181	60.33%
Good	14-20	40	13.33%
<b>TOTAL</b>		300	100%

**Frequency and percentage wise distribution of attitude of Parents of Mehsana city regarding after school activity.**

N=300

ATTITUDE	CLASSIFICATION OF SCORE	FREQUENCY	PERCENTAGE (%)
Unfavorable	12-41	66	22%
Favorable	42-60	234	78%
<b>TOTAL</b>		300	100%

**CONCLUSION**

1. There was an average knowledge among the parents regarding After school activities.
2. Also the parents had favorable attitude regarding the after school activities.
3. There is significant moderate co-relation between the Knowledge and Attitude of the children parents regarding after school activities.

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