

“A exploratory study on psychosocial correlation of internet use & abuse/addiction among high school students of Bharatpur Rajasthan.”

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Abstract

The internet is a technology that has become an enormous part of people's daily lives. Over the last decades, internet connectivity has improved tremendously and is available everywhere such as homes, offices, travels and schools

The outcome of the current study will help to throw light on the extent and psychosocial correlation of Internet non-abuse and abuse. Identification of the risk factors for Internet abuse also plays a significant role in early intervention and prevention in adolescents who are vulnerable to Internet abuse. This study can be used in general as a platform to design an intervention package and also as a prevention strategy in the near future, especially for the Indian context. Thus the module would help parents, school teachers and staff, Internet abuse health professionals, other health professionals and psychiatric social workers working with adolescents in schools and other settings, to further gain insight on the extent of Internet use, factors influencing it, and psychosocial issues of problematic Internet use in a larger perspective.

Keywords : *psychosocial, correlation, internet use, addiction, school students*

INTRODUCTION

Various factors were responsible for influencing the initiation and usage of the Internet at different patterns among high school students. With the excess use of internet they are addicted; many of them have saviour physical & psychological changes. This study gives much important information about why and how high school students were using the Internet. Students have various reasons or needs to access the Internet in order to fulfil their multiple personal and social needs. This is more evident in adolescent students who already exhibit tremendous changes in physiological, psychological and social aspects resulting in dramatic experiences which may be deemed more vulnerable to problem Internet use

behaviour. This also may motivate students to access the Internet and expect to fulfil or satisfy their various personal and social needs.

NEED OF THE STUDY

In research studies in other countries of the world, and a few from India, have shown that Internet abuse associated with excessive unregulated Internet use clearly presents a significant threat to many facets of life, especially to the healthy development of students. There are concerns about increase in Internet usage, with statistics and estimates showing an increase in the number of Internet users and how it has become an integral part of daily life; and the problem of excessive usage most likely will tend to become more widespread and diverse as technology advances, especially in Asian countries including India. In contrast to the Internet's positive effects, the extent of problems associated with excessive usage of Internet and its prevalence have been reported in various overseas studies. On the other hand, in India, a few studies have been conducted but they have primarily focused on college students and the adult population with limited sample size, which is inadequate to generalize the overall findings. In the Indian context, there remains a dearth of research on this particular topic among high school students.

LITERATURE REVIEW

Review of literature the literature review was based on 3 sections:

Section A: Terminology of the Internet

Section B: Growth of the Internet

Section C: Overview of Internet Development and Usage in India

Section D: Reasons / Needs for Internet Use

Section E: Impacts of Internet use patterns

STATEMENT OF THE PROBLEM

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OBJECTIVES:

- To profile the socio demographic detail so the high school students who use internet.
- To investigate the extent of internet use and internet abuse among high school students.
- To explore the reasons/ factors of internet use level by high school students.
- To explore the psychosocial issues related to internet abuse.

- To understand the relationship between the level of internet abuse and psychosocial variables of high school students.

HYPOTHESES

- H0: No significant correlation between the level of internet addiction and its impact and No significant association between level of internet addiction and their selected demographic variables.
- H1: Significant correlation between the level of internet addiction and its impact.
- H2: Significant association between level of internet addiction and their selected demographic variables.
- H3: Significant association between impacts of internet addiction and their selected demographic variables.

METHODOLOGY

Research Design: - Descriptive research design.

Sampling Design: convenient sampling

Population: The high school students studying in Bharatpur.

Sample: school students

The subjects of the study were chosen based on the inclusion and exclusion criteria:

CONCLUSION

Many research studies shows that the use of internet among high school students is increasing they got addiction also. The purposes of this study were (1) The outcome of the current study will help to throw light on the extent and psychosocial correlation of Internet non-abuse and abuse (2) Identification of the risk factors for Internet abuse also plays a significant role in early intervention and prevention in adolescents who are vulnerable to Internet abuse

(3) This study would help parents, school teachers and staff, Internet abuse health professionals, other health professionals and psychiatric social workers working with adolescents in schools and other settings, to further gain insight on the extent of Internet use, factors influencing it, and psychosocial issues of problematic Internet use in a larger perspective.

In India, the present generation lives in the new information age as a result of rapid development of Internet and its easy accessibility. For example, Sinha (2010) reported that

around four percent users in India browse Internet only through mobiles, and that Internet usage in general has gone up from 9.3 hours/week to 15.7 hours/week. Similarly, in an interview to NDTV on March 21, 2013, the Executive Chairman of Google, Eric Schmidt stated that there were an estimated 600 million mobile users and 130 million Internet users in India including 20 million broadband users (NDTV, 2013a). According to a July 2012 report in the Times of India, a leading newspaper, Face book had 50 million users in India, and most of them were accessing Internet through mobile phones (NDTV, 2013b). In its 2013 report, Face book reported that as of December 2012, it had 71 million users in India (NDTV, 2013b).

It has been seen that the use of Internet is increasing at a phenomenal rate in our country, with approximately 120 million Internet users as of 2011 (Internet World Stats, 2011) and 130 million as estimated by the Executive Chairman of Google Eric Schmidt for 2013. In India too, the number of Internet users has grown fivefold from 2005 to 2011

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