

CHILD ABUSE: A HIDDEN EPIDEMIC OF SOCIETY

Author's name: Sudha Singh Mohey

Ph.D. scholar, JJT University, Jhunjhunu, Rajasthan, India

E-mail: sudhasinghmohey2013@gmail.com

Abstract

Child abuse is a big social problem which consist a large number of harmful effects against the children a child maltreatment is a common psychological of abuser which affect the children of any age.in child abuse activities at can be done in various form which are having hazarders consequences continued till death. Therefore, it can be defined physical, sexual or emotional, or neglectful behaviour with a child is called child abuse. Child abuse is one of the most serious mental disorder problems in United States. Reported cases of child abuse show only the outer part because maltreatment of children remains unidentified. Nurses need to aware that child abuse occurs on frequent basis. In 1994 the prevalence of abuse was reported by the different forms like negligence 45%, Physical abuse 26%, sexual abuse 11%, emotional abuse 3% and other 16%. Child abuse is one of the most significant problems of society which affects the children. In 1991 about 2.7 million children were reported as victims of child maltreatment and negligence to child protective facilities in United State. Child abuse is generally an intentionally harm given to a child. It is matter which is not been focused for many centuries. In ancient period's most common abuse in children were physical or sexual acts. According to national committee to reduce the rate of child maltreatment (National committee to prevent child abuse) which was released in April 1994 identified 3 million of children were reported to child protection services agencies in United States in 1993 due to child maltreatment and negligence.

Keywords

Child Abuse, Epidemic, Social problem, Children

INTRODUCTION

We are the part of many error and mistakes of guilty but the worst crime of our is to doing maltreatment of our children like neglecting their soft part or their life fountain. Life has many stages but the important phase of life span is childhood in which there so many things will come again but a childhood cannot. The Initial phase of life span is when his/her body parts are formed and physical development is start. In this world there is a first documentation of case regarding child maltreatment fount in New York in year 1874. There are so many factors which lead to child maltreatment like poverty, teen Pregnancy or drug abuse. In year 1996 approximate 1046 children performed affected like negligence or physical injury. It is seen that 20% cases increased till 1995 and maximum cases which are below 5 years (77%) and 45 % approx. Which were age group between zero to one year were died due to child abuse. In 1999 there was a discussion on the topic of child maltreatment prevention provided by World Health Organization that Maltreatment of children built all form of sexual or emotional maltreatment like negligence, sexual abuse, financial exploitation which leave to real or possible injury to a victim's status of health. Their survival development or their dignity in relationship to responsibility or power of trust. Child maltreatment like physical, sexual, psychological maltreatment or negligence of minors through by any caregiver or his/her parents leads to genuine or possible injury to a victim.

HISTORICAL PICTURE OF CHILD ABUSE

The whole history was recorded contents all the activity which can be describe about child maltreatment but the professional enquiries related to topic is usually considered began from 1960 in July publication one of the news in a newspaper published the following The battered child syndrome, which was authored by a child psychiatric C. Henry Kempe and his article published in one of the famous journal called the journal of American medical association which

described the painful moments of children. This brings an awareness among the people before this publication large number of instances of child violence coming to focus consequences voluntary traumas to children. Large number of undiagnosed bone diseases of children which was neglected and shows an account of accidental trauma like assaulted by neighbours. The studies about the incidences of child exploitation or negligence emerging in year 1970s in country United States.

Surveys for child violence and neglecting was discipline in early 1970s in United States. At that time Elisabeth Young Brahel is a lady who beneficiary works for children and protecting children from maltreatment. In her works she makes two group one of the abused children and the non-abused children in which she developed an insincere difference which narrowed the child’s right’s concept mainly saved children from exploitation. In another point of view, she blocked all the kinds of methods of investigation which discriminates children in society. Generally, she also closes off consideration how the children were perceiving abuse. She also writes about the maltreatment of children how they can be abused in different ways.

INCIDENCES OF CHILD ABUSE

According to United Nations International Children’s Emergency Fund exploitation of children can be done in any way like physical, mental, negligence, injury, emotionally abuse or sexually assaulted. In year 2007, the Women and child empowerment organisation by government had published a survey statement on maltreatment of child, in report there are various incidences which are discussed nationwide. It is estimation of 150 million girls 73 million boys who are minor have been experienced to force for sexual inter course or any other sexually activity. In 2002 there were 53000 number of cases reported of child homicide. There is survey done on a global school based on student health found to be 20% of male child and 65% female children of school being found physically and sexually abused in last 30 days. International Labour Organization found abused kids about 218 million are found labours in 2004 from which 126 million are engaged in in hazardous work. International Children’s crisis Fund of United Nations evaluated Saharan and African female child about 3 million in numbers. Sudan, Egypt are also abused by sexual organ mutilation annually. World Health Organization estimates that many numbers of cases which reveals that the number child abuse cases are increased in large scale the report released various incidences of violation of children cases worldwide. The study by Women and Child welfare agencies founded a world spread activities of child maltreatment the children of age between 5-12 are the riskiest age group for exploitation and abuse.

CURRENT SCENARIO OF CHILD ABUSE

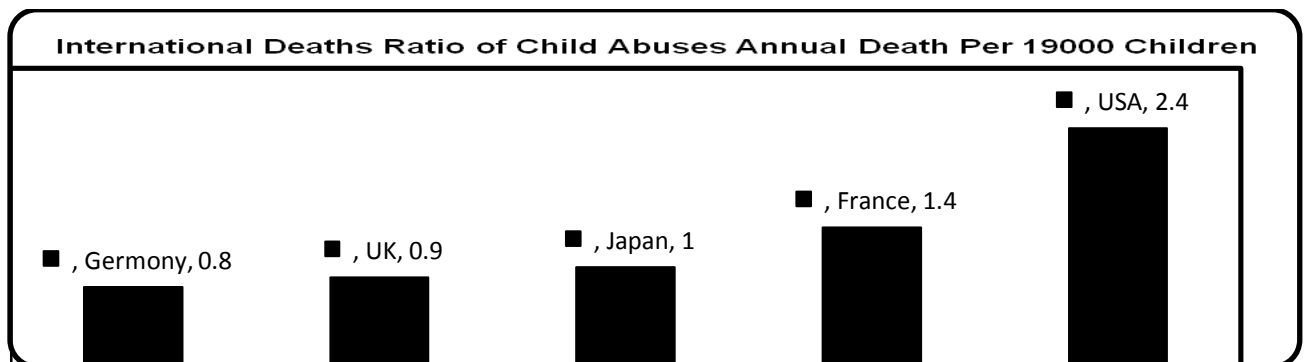


Figure 1 – Bar Graph for industrialized Countries source- United International Children’s Emergency Fund

GLOBAL LEVEL SCENARIO

(1) EUROPE: In 2013-year, World Health Organization give an estimation about 18 million victims of sexual abuse were found 13.4% among various girls and 5.7 % of all boys. In a survey the data of 28 countries around Europe, 2.5 million young female children of below age group of 15 year (information was published in 2017). of 44 million victims of physical assault about (22.9%) 55 million (29.6) were victim of emotional abuse. In 2017 on Interpol report of about sexual exploitation the cases minors had to identified about 14.289 cases in 54 countries of Europe.

(2) ASIA: In India in 2001 and 2011 an organisation for centre of human rights in Asia was found and concluded of total 48,338 case of rape in minor with raised level in 33.6% from 2,113 victims in 2001 and about 7, and 112 in 2011.

THE STATISTICAL DATA GIVEN AT NATIONAL LEVEL STATISTICS FOR CHILD ABUSE.

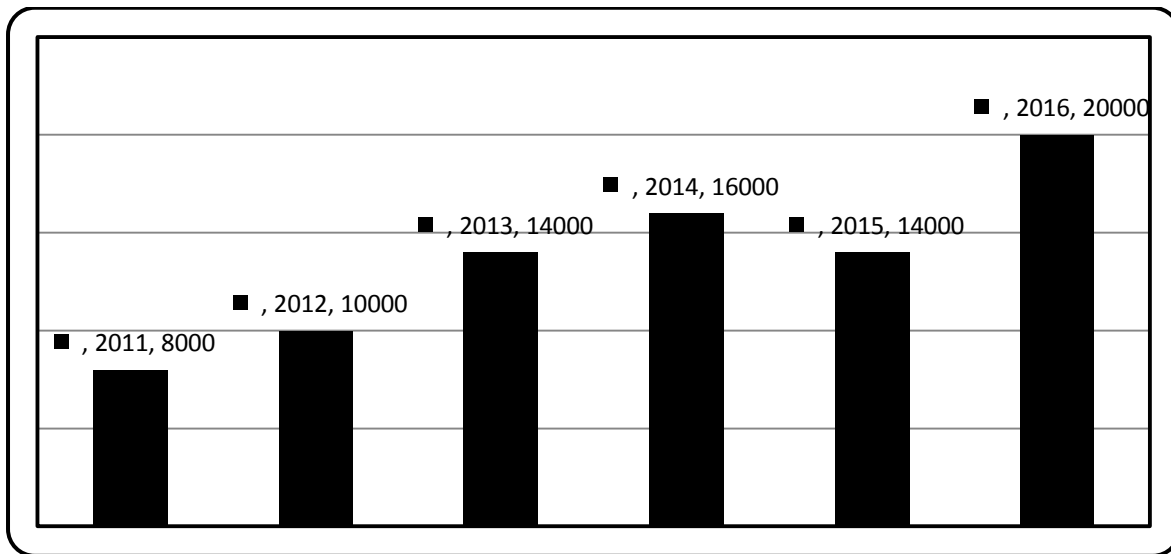


Figure 2 –Bar graph of Rape Cases of Children given by National Crime Bureau

1) The abused cases registered in behalf of child maltreatment are 8,904 in year 2014, which further increased to 14,913 up to 2015. In part of kidnapping 81% of cases of minors were reported.

2) According to the protection agencies for children in part for sexual assault the Uttar Pradesh captured large chunk of abused cases consist 3,078. The Madhya Pradesh take second position for assaulted cases which consist 1,687 cases. The Tamil Nadu 1,544 cases while in Karnataka about 1,480 cases were registered while in Gujrat 1,416 victims were noticed in reports.

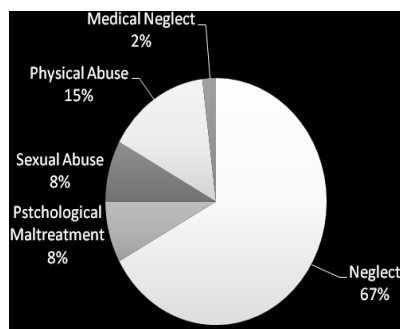


Figure 3 Different forms of Child Abuse

willingness results in injury for child’s health, growth, self-esteem or dignity; this includes beating, strangling, burning, shaking, scolding biting and suffocating many children were exploitation by physical violence which is inflicted with objects of punishing.

TYPES OF CHILD ABUSE

PHYSICAL ABUSE

Physical maltreatment is not happened in isolated pattern. The professional does not agree till now on what behaviour that will constitute physical maltreatment of children. Here is the definition of child physical abuse according to World Health Organization is that Intentionally apply of physical force to child against his

SEXUAL ABUSE

Child sexual assault is a kind of a maltreatment, in this a grown man or any old age person abusing a child for urge of sexual contentment activity. Sexually assault or abuse refers to involvement of kids in sexual activities which aimed towards physical gratification or financial support of person committed the activity. Types of child sexual activities exposing genital parts to a child, show him/her porn videos to a child. Act of sexually activities with minors whether it may be physically contact with child genital parts or touching child genital areas or may be use a child for making porn videos, selling for sexual services of children in sail a child for money may come in past of sexual assault of child.

PSYCHOLOGICAL/EMOTIONAL ABUSE

There is various definition of psychological abuse: In 2013, child psychological abuse was added to Diagnostic and Statistical Manual-5 by American Psychological Association explains it as Non-Accidental Symbolic Acts express by a child's caregivers which results a remarkable and crucial psychological harm to children. Child Psychological abuse is a harmful effect on mental status of a child. Nearly 3 million children found in United States experienced some types of abuse is most prevalence form and challenging to children by abuse and mistreatment. In 2015 more research confirmed these facts 2014 statement by American Psychological Association victims may react by maintaining a gap or distance from abuser, internalized the abusive words or fight back by back reply or insult the culprit. Emotional abuse results an abnormal or disturbed behaviour or poor attachment developing and a proclivity for victims to criticize to self for maltreatment feel helplessness and over passive behaviour with other.

NEGLECT

Negligence is failure of parents, caregiver for a responsibility of a child to provide or complete his/her basic needs like food, clothing, medical care, degree of suspension that makes a significant contribution for child's health safety or wellbeing. Ignorance is equally a poor attention from surrounding people that a child needs and non-provision of adequate needs which needed to survival of a child and lack of love attention and proper nurturing. There are many indicators which shows that child is suffering from negligence or improper or lack of supervision by parents which includes sign and symptoms are like poor academic attendance, robbing money or other essentials, medical care, dental care consistently did not get properly. The 2010 child maltreatment reported a data which is supplied by agencies that protects and take care of children in United State, as in previous years, negligence was a usual kind of maltreatment.

CAUSES OF CHILD ABUSE

CAUSES OF PHYSICAL ABUSE

Physically abuses in children have been found most common in Accordance to Wolfe and Mash, it is explained that:

- The very abusive and neglectful care givers/parents have poor knowledge of quality parenting skills and supportive care givers to children.
- The whole environment of family is very stress full which effects family.

CAUSES OF SEXUAL ABUSE

Like other problems of society child sexual abuse cases of children are not getting better because of these reasons some acts are become bit complex and tough to deal in society. Child sexual assault is a secret crime and it is hidden because the victim is not become willing to

express which will be hidden secret for life time. Children are usually afraid to tell regarding bad incidence. So, it is clear that there are many cases which are not reported yet also.

CAUSES OF EMOTIONAL ABUSE

Improper parenting skills for child, Poverty, Substance abuses, Mental illness, Extreme expectation of parents, Stress of parents

CAUSES OF NEGLECT

Neglect has been found most frequent causes in favour of kids being abused at homes. Neglect is a continued process of failure for meeting or complete basic needs of child. A child may find dirty, hungry, poor accommodate, dirty clothes wearing, missed school classes and improper supervision he/she many not receives proper medical healthcare services, which leads to make a child vulnerable for other form of abuse. There is combination of factors of risks which make a child under pressure of proper protection and care. These are ten main reasons of child neglect.

RISK FACTORS OF CHILD ABUSE

Child abuse results immediate adverse effect physically or mentally. Because of this problem which is closely connected with growth and intellectual problems. In chronic physical effects include subsequent ill health and it also consists higher rate of health behavioural problems. Child maltreatment may grow further to be an abusing adult. In year 1991 source of information was reported. The studies showed that 90% of abusing adult were maltreated at childhood. It is found that about 7 million of American new born are kept on child care services like day care. But much of the care given to infants is poor level.

PHYSICAL ABUSE RISK FACTORS

- A. Lack of family social support
- B. Community in which family lived
- C. Separated parents
- D. Mother dysphonia
- E. Stressful life conditions

SEXUAL ABUSE RISK FACTORS

- A. Family size is also genuine reason for juvenile sexual victimization.
- B. Children whose parent are divorce or he/she may be a step-children for parents are also increase risk for abuse.
- C. Children who are orphanage babies are on great danger of sexual victimization.
- D. Children of rural cases are also identified to be assaulted two time more compare to others
- E. Children of crimes victims are also sexually assaulted.

NEGLECT ABUSE RISK FACTORS

A. Parenteral Risk factor:

- Early age parenting is put into risk.
- Parental stress
- Common - Unemployed
- Stressor - Poor social support

B. Risk factor of family level:

- Family disputes
- Poor child parent terms
- Family size

- Economical condition

C. Risk factor of family level:

- Family disputes
- Poor child parent terms
- Family size
- Economical condition

D. Environmental Risk factor

- Overcrowded homes
- Family disputes
- Adults living in family of far relations
- High expectation of parents

E. Child Risk factor:

- Unwanted pregnancy
- Child having mental or physical retardation.
- Child born due to any abusive relation like rape or unsafe sex.
- Poor affection and love in between parents and their children.

SIGNS/SYMPTOMS OF CHILD ABUSE

SIGNS AND SYMPTOMS OF PHYSICAL ABUSE

- Burn sign of Cigarette
- Blue discolouration sign on body which indicates of injury by belt or buckle.
- Unknown sign of lacerations.

SIGNS AND SYMPTOMS OF SEXUAL ABUSE

- Genital parts or parts of urinary tract get infected, injured or lacerated.
- Found infected with sexually transmitted disease
- Recurrent and unknown reason of sore throats.
- Get frightened to some people

SIGNS AND SYMPTOMS OF EMOTIONAL ABUSE

- Low number of friends
- Looks unhealthy relationship with parents.
- Seems to be make distance to parents
- Look distressed

SIGNS AND SYMPTOMS OF NEGLECT ABUSE

- Recurrent poor attendance
- Improper clothing according to weather
- Dirty clothes
- Stealing food

TREATMENT OF CHILD ABUSE

MEDICAL CARE OF ABUSED CHILD

There is need of immediate medical care if there are some signs of any trauma or injury or changes in conscious level follow up care with a physician is required.

PSYCHOTHERAPY OF ABUSED CHILD

Psychotherapy is also called as talk therapy which can:

- Help a child that are being abused and fails to learn and trust again.
- Trained a child regarding usual behaviors and making relationships.

TRAUMA FOCUSED COGNITIVE BEHAVIOUR THERAPY

In this therapy it helps for abused child better management and distressful feeling to deal with trauma related memories.

CHILD PARENT PSYCHOTHERAPY

These treatments if focused on correcting the relation between child and parents and built up a strong bonding of love between both of them.

- Psychotherapy found very supportive for parents.
- Discover the root of abuse.
- Learning better ways to dealing life’s trouble situation.

There are several organisations which are working in welfare of child and one can call to inform and refer to cases.

- **Child help national child abuse hotline: -**
1008-4-A-CHILD (1-800-422-4453)
- **Prevent child abuse America: -**
1-800-CHILDREN (1-800-244-5373)

13. CONSEQUENCES OF CHILD ABUSE

The impact of sexual violence of child is used to discussed about the physical, psychological, social, behaviour consequences. It is very tough to differentiate the type of impact. Physical effects like injury to brain of growing child or psychological implication like cognitive delay or emotional problems. In other part psychological disorders reflect as high-risk behaviours, Stress, depression or anxiety are some examples which may provoke a person for addiction of smoke alcoholic drug about or over eating.

PREVENTIONS OF CHILD ABUSE FOLLOWING TABLE EXPLAIN THE CERTAIN STRATEGIES USED FOR PREVENTIONS OF CHILD ABUSE



<ul style="list-style-type: none"> ▪ Strengthen the financial support to families 	<ul style="list-style-type: none"> ▪ Strengthening housing financial condition. ▪ Policies works on basic of family friendly.
<ul style="list-style-type: none"> ▪ Change norms of society to help parents and positive parenting skills. 	<ul style="list-style-type: none"> ▪ People engaged in education campaign. ▪ Legislative approach to decrease corporal punishment.
<ul style="list-style-type: none"> ▪ Provide best quality of care education at early stage of life 	<ul style="list-style-type: none"> ▪ Home visit at early stage of childhood ▪ Good parenting skill and healthy family relations.
<ul style="list-style-type: none"> ▪ Implement for less harm and prevention of future factors of risks. 	<ul style="list-style-type: none"> ▪ Start primary care ▪ Training programmes for parents regarding proper parenting skills. ▪ Treatment to reduce harms by child abuse with negligence exposure ▪ Adequate treatment for prevention of behavioural problems and further involvement in violence.

STRATEGIES USED FOR PROHIBITION OF CHILD ABUSE

LEGAL LAWS FOR CHILD ABUSE

India has signed a large number of international document and declaration which formed for rights of children. In 2005 the Indian government accepted two protocols to united national law of The United Nations agreement on rights of child in which India addressing the children participating in military disputes and children sale, child prostitution and pornography.

The Indian criminal law, 1860

- For Foeticide Sections 315 and 31, act was prepared in year 1994 to reduce abortion rate of female child.
- For Infanticide Section 31, was prepared in year 18th march 1870 to reduce intentional killing of infants.
- For Kidnapping and abduction of child, Section 360 to 369 was prepared to punish culprits for kidnapping and to give legal safety to child.

Child Labour Act in India

There are several legal acts have been introduced in India after 1933 to take control over child labour:

1. For child labour an act established in 1933.
2. Employment of child act was prepared in 1938.
3. The Indian factories act was come into intervention in 1952.
4. Plantation labour act was started in 1951.

CONCLUSION

The child abuse is a worldwide problem which spoil the childhood of a child. Today it is found that parents were unaware regarding various form of child abuse which is a black part of this curse. The reasons behind the child abuse many times found invisible but the child is affected regularly in various aspects. The child abuse causing life threatening situation to child which may present whole life. This curse not only affected physically to a child but he or she may affect sexually emotionally or may face neglectful behaviour. The government had taking strict action for prohibition of this exploitation of a child to save the future of country. Therefore, When the problem will be owned by all individuals and communities, prevention will progress, and fewer children will remain at risk.

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